

BACHELOR OF PHYSICAL EDUCATION (BPE)

Duration : 3 Years

Eligibility : +2 Pass

First Year

1. English for Communication
2. History and culture of Tamilnadu
3. History of Physical Education
4. Educational Psychology & Guidance
5. Applied Anatomy and Physiology
6. Scientific Approach to Sports Training
7. Activities – I (Athletics, Gymnastic, Football, Basketball, Handball, Wrestling, Boxing, Swimming, Power Lifting, Judo, karate and kung-fu, Hokey, Cricket, Tennis, Yoga)

Second Year

1. Physiology of Exercise
2. Foundation of Physical Education
3. Educational Methodology
4. Sports Psychology
5. Recreation, Play, Camping & Leadership Training
6. Sociology Sports
7. Teaching and Training – I (Athletics, Gymnastic, Football, Basketball, Handball, Wrestling, Boxing, Swimming, Power Lifting, Judo, karate and kung-fu, Hokey, Cricket, Tennis, Yoga)

Third Year

1. Organizational Behavior
2. Sports Management & Journalism
3. Measurement and Evaluation
4. Health Education & Sports Medicine
5. Officiating and Coaching
6. Applied Physiotherapy and Rehabilitation
7. Teaching and Training - II (Athletics, Gymnastic, Football, Basketball, Handball, Wrestling, Boxing, Swimming, Power Lifting, Judo, karate and kung-fu, Hokey, Cricket, Tennis, Yoga)